REGION III MIDWEST AND PLAINS EQUITY ASSISTANCE CENTER'S

FAMILIES LEARNING FROM FAMILIES

JUNE VIRTUAL ROUNDTABLE SERIES

A discussion and learning forum where families can learn from families ideas to support their children and each other during the COVID-19 pandemic

> JUNE 6: Balancing Caregiver & "Teacher" Roles at Home

JUNE 13: Supporting Emotional Wellness: Coping with Anxiety & Fears During the COVID-19 Pandemic

> JUNE 27: 5 Essential e-Tools for Summer Enrichment







WHAT'S IT ABOUT?

Our Families Learning from Families Virtual Roundtables are dynamic, online learning experiences aimed at providing an opportunity for parents/ caregivers with different backgrounds (i.e. families of Color, families with varied religious backgrounds, families with children with disabilities, families from disinvested communities, non-traditional

families) to talk with and ask questions of an expert in family and community supports, and in home and school partnership, around COVID-19 resources and supports.

WHO SHOULD ATTEND?

This is a parent/caregiver ONLY event. This experience is designed to be responsive to the interest and needs unique to historically underserved families.

We encourage attendance from parents/caregivers with different backgrounds, including, but not limited to:

- Families of Color
- Families with varied religious backgrounds
- Families of children with disabilities
- Families from lower socioeconomic backgrounds
- Non-traditional families (i.e. LGBTQ+ parents/caregivers, foster families, grandparent caregivers)

SCHEDULE OF EVENTS

June 6. 2020

Balancing Caregiver & "Teacher" Roles at Home

12 noon-1:00 PM EST [11 AM CT; 10 AM MT]

Wondering how other parents and caregivers are balancing the roles of "teacher" and "caregiver" during the COVID-19 pandemic? This *Families Learning from Families Virtual Roundtable* event, facilitated by scholar-mother <u>Dr. Jada Phelps-Moultrie</u>, Assistant Professor at Michigan State University, provides a great opportunity for parents and caregivers from different backgrounds to share their concerns, offer ideas, and learn about strategies related to balancing family roles with their new roles as educators at home in the age of COVID-19.

We invite you to join this online event where families can connect, share, and learn!

<u>June 13, 2020</u>

<u>Supporting Emotional Wellness: Coping with Anxiety and Fear During</u> the COVID-19 Pandemic

12 noon-1:00 PM EST [11 AM CT; 10 AM MT]

Every day, we are overwhelmed with news about the COVID-19 pandemic. In this *Families Learning from Families Virtual Roundtable* event, we invite families from different backgrounds to come together to discuss their anxieties and fears related to the pandemic and learn self and community care strategies for promoting emotional wellness in the age of COVID-19. This virtual roundtable is facilitated by Tracy Pruitt, M.Ed., a trained school counselor specializing in parent support around trauma, grief and loss, post-traumatic stress disorder (PTSD), and behavioral and anger management.

June 27, 2020

5 Essential e-Tools & Family Activities for Summer Enrichment

12 noon-1:00 PM EST [11 AM CT; 10 AM MT]

June is the summer season for parents, caregivers, and families to be entertaining their children out of school. But with pandemic closures of many public and educational spaces, how does one keep them entertained and engaged throughout the summer? With so many different online options available, how do you know what to use to best support your school-aged children this summer? This *Families Learning from Families Virtual Roundtable* event is an interactive showcase of e-tools and resource websites for parents, caregivers, and families with varying experience and exposure to internet-based resources. During this showcase, Dr. Rosiline Floyd, Assistant Director of Technical Assistance from the Midwest and Plains Equity Assistance Center, will overview 5 online activities to support summer learning and enrichment for families. Join other families as we learn from each other what engages their students at home this summer during the COVID-19 pandemic, preparing them for successful re-entry into school buildings in the Fall.